

## Hagamoo kelea fefe e gagao misele?

Maeke ke uta a koe ke he falegagamoo ha ko e gagao misele (misele), ko e tau hagamoo kelea (tuga e gagao nimonia mo e fufula he uhoulu) poke, lavea ke mate ai foki. Hagamoo kelea lahi [ke he tau fifine fatu ne nakai fai puipuiaga, tau mukemuke](#) mo e [tau tagata ukiuki e tau malolo tino](#).

## Heigoa e tau fakamailoga ke he gagao misele?

Ko e misele **kua lauia ai e tau fakamailoga ko e fiva tokoluga, pela e ihu, koho, mamahi mo e kula e tau mata**. Ka molea e fiha e aho **to kamata e patapata kula he fofoga mo e kakia, mo e fano fakahaga ke he tino katoa**. Maeke a koe ke moua he gagao misele mo e fakapikitia e falu tagata *kae nakai la* logona kua gagao poke kitia e tau fakamailoga.

## Fano fenoga au ke he tau motu kehe, ti ko e magaahe fe ke huki-fakagata ai au?

Kaeke ko e fano a koe ke he tau motu kehe, fakamolemole kua lata ke huki-fakagata a koe ke 2 e faahi tapu he mole to toka ai e motu ko Niu Silani. Ko e falu a motu ainei kua manako ke kitia e fakamooliaga kua huki-fakagata a koe to talia ke hu atu. Fakamolemole kikite ke he kupega (website) ha [Safetravel](#) ke iloa e tau puipuiaga he tau koutu kehekehe.

## Heigoa haaku ke taute ka tuaha kua moua au poke taha he magafaoa he gagao misele?

Ka tuaha a koe kua moua he misele, kua mahuiga ni ke kitia e ekekafo. Kae **vilo fakamua to finatu ke he ekekafo** ke fakailoa kia lautolu ka tuaha a koe kua moua he misele. Ka hoko atu ke he kiliniki poke falegagamoo, nofo he motoka kae hea (poke fakafano e taha tagata ne haia mo koe) ke talaage kua hoko tuai a koe. Ko e lagomatai a nai ke aua neke fakapikitia a lautolu ha he poko fakatali. Maeke foki a koe ke vilo e **Healthline ke moua tala: 0800 611 116**. Hafagi e Healthline ke he 24/7 mo e fai tagata fakaliliu vagahau.

## Puipui fefe au mo e haaku a magafaoa mai he gagao misele?

Fakamolemole kikite e tau fakailoaga i mua he tau tonuhia MMR huki-fakagata.

Ko e puipuiaga mua ue atu ma e misele ke moua e huki-fakagata ke he [vaihuki \(MMR\)](#) ma e misele, mo, mo e lupela. Taha e huki he MMR ke puipui ai 95 e pasene he tau tagata, kae ua e huki ke puipui ai e 99 e pasene he tau tagata. Ki Niu Silani, ko e vaihuki MMR kua fa huki aki e tau fanau taki 15 mahina mo e ka tu e fa e tau-moui, ka kua hiki ainei ha koe misele lahi ki okalana, kua maeke ke huki e tau mukemuke he vahaloto he 6 mo e 11 e mahina, to matutaki a Okalana ke he fakaholoaga huki-fakagata he 12 mahina mo e ka tu e fa e tau-moui. Nakai fai tofogi e vaihuki ma e tau tagata 12 mahina ke he 50 e tau-moui. Kaeke fanau a koe mai he aho 1 ia Ianuali 1969 (i Niu Silani poke ha motu kehe) liga fita ni a koe he lauia he gagao he tote ti kua fai puipuiaga tuai.

Ko e ligaliga ke he ua e faahi tapu to moua he tagata e puipuiaga katoa ka oti ai e huki-fakagata.

## Heigoa ka tupu kaeke kua moua au he gagao misele?

**Ka moua a koe he misele, ti lata ni a koe ke nofo (puipui) ki kaina ke lima e aho he mole e kamata ke patapata kula e tino**. Ko e kakano ke malolo a koe, mo e ua fakapikitia atu e gagao. **Maeke a koe ke fakapikitia e tau tagata he misele kamata he lima e aho to kitia ai mo e lima e aho he mole ai e tau patapata kula**.

## Nakai iloa tonu kua fakagata nakai au. Heigoa haaku ke taute?

Tutala ke he ekekafo haau neke haia e fakamooli ke he tau tohi malolo tino haau. Neke fai tohi malolo tino foki ni a koe, tuga ke he Palagikete poke Tama Malolo/Tamariki Ora. Kai nakai fai tohi kua moua, ti lata ni ke liu huki-fakagata he omoi-atu. Kaeke kua fanau a koe to hoko e aho 1 ia Ianuali 1969, liga kua fita ni a koe he laua he gagao he tote ti kua fai puipuiaga tuai.

## Heigoa haaku ke taute kaeke ko e lagataha la ia e huki-fakagata MMR haaku?

Taha e huki he vaihuki (MMR) ma e misele, mo, mo e lupela ke puipui ai 95 e pasene he tau tagata, mo e ko e ua e huki ke puipui ai 99 e pasene. Ko e tau tagata ne fanau he vahalo to he tau 1990 mo e 2005 ne ligaliga kua nakai katoatoa e tau huki-fakagata he vaha ikiiki. Ka nakai iloa tonu e tuaga huki-fakagata haau ti kumi ke he tohi Tama Malolo/Tamariki Ora poke Palagikete, poke ke he ekekafo haau. Kai nakai fai tohi kua moua, ti lata ni ke liu huki-fakagata he omoi-atu.

Fakamolemole kikite e tau fakailoaaga i mua he tau mahuiga/tonuhia MMR huki-fakagata.

## Kaeke kua pipiki au ke he taha ne moua he gagao misele, fiha e leva to iloa kua moua foki au?

Kua fa mahani ke 10 ke he 14 e aho to kitia e tau fakamailoga kua moua tuai e tagata he misele. [Kaeke kua fakatata a koe ke he tagata moua he misele](#), mo e nakai iloa kua puipui a koe, ti kumi lagomatai faka-ekekafo mafiti mo e nofo puipui he kaina. Fuafua e leva ke nofo puipui a koe ke he [kalakuleta ke he kupega ARPHS](#).

## Ka fatu tuai au. Fai kelea nakai ke laua ai?

Tokologa lahi e tau fifine fatu/fakafua tama kua fai puipuiaga ke he gagao misele. Ko e tau fifine ne ai fai puipuiaga kae moua he misele, ka kua fatu, kua mukamuka ke to e tama, laga-tuai ke fanau mo e ikiiki e tau tama ka fanau ai. Ke moua tala atu foki, kikite ke he [Tau Huhu mo e Tali, Misele mo e fakafua-tama](#).

## Ko fe ke moua lagomatai ai au poke falu a tala foki ke he gagao misele?

**Tutala ke he ekekafo magafaoa haau poke vilo e foni ai totogi he Healthline ke he 0800 611 116.**

Maeke foki a koe ke kumi/kikite ke he:

- Kupega he Minisituli Faahi Malolo Tino – [www.health.govt.nz](http://www.health.govt.nz)
- Kupega he Faahi Leveki Malolo Tagata ha Okalana – [www.arphs.health.nz](http://www.arphs.health.nz)
- Kupega he Matakau Fakatonu Huki-fakagata – [www.immune.org.nz](http://www.immune.org.nz) (poke foni ai totogi 0800 466 863)

*Lagaki fakafoou he aho 5 ia Tesemo 2019*